



**SAINIK SCHOOL REWARI**  
**SUMMER VACATION WORK (2019-20)**  
**CLASS –VII**

**Instructions to be followed by Cadets:**

1. Do the entire Vacation Work in one Notebook only.
2. Do the work in notebook in a sequence as mentioned below:-
  - (i) English, Hindi, Maths, Science, Social Studies for classes VI –X
  - (ii) English, Maths, Physics, Chemistry Bio/Computer for classes XI-XII
3. Vacation Work should be done neatly and efficiently. It will be duly marked as a part Of your assessment.
4. Any additional chart paper/Map /Model if any required in vacation work, should be submitted separately along with vacation work note book.
5. Do not get up late. Rise at the usual time and go for a morning walk, or play a game that interests you. Talk about things you see around. Plan some outdoor and indoor games. Spend some time on a hobby.
6. Read newspaper. Keep yourself updated. Reading from colorful illustrated story books will develop your language skills. Listen to stories from family members and try to narrate the stories you have read from various story books.
7. Assign a permanent workplace and a work-time. This brings in discipline in your life. If there is a subject you are weak in, try and work on improving that weakness. You will be more confident when you go back to school.
8. Inculcate good manners – 4 magic words `Please, Thank you, Excuse me, Sorry' – Use them and see the difference.
9. Do not spend time playing video games or using the smart phone, they tend to numb your senses and are a pure mechanical activity on hot summer afternoon, try playing scrabble or chess. Your vocabulary as well as concentration power will improve.

**ENGLISH**

1. Frame picture story given in honeycomb book on page no. 44, 45 & 46 in your own words. (HONEYCOMB)
2. Complete given word ladder with the help of given clues on page no.47. (HONEYCOMB)

3. READ, WRITE & LEARN the difficult words from chapters (GOPAL AND HILSA FISH, THE ASHES THAT MADE TREE BLOOM) & POEMS (THE SHED & CHIVVY) with the help of dictionary.
4. Write an anecdote or story about a greedy or jealous person and the unhappy result of his action?
5. Imagine you are fond of reading stories. Write your own story based on some read topics.
6. Is there a room in your house or a house in your neighborhood /locality where you rather not go alone and never at night? If there is such a place and a story to go with it, write a story in your own words.

### HINDI

1. वर्तमान जीवन शैली और शहरीकरण से जुड़ी योजनाएं पक्षियों के लिए किस प्रकार घातक है, लिखें।
2. पक्षियों से रहित वातावरण-समस्या व उपाय लिखें।
3. यदि मैं कठपुतली होता तो.....लिखें।
4. रक्तदान पर पाँच स्लोगन लिखे।
5. एक लघु नाटिका लिखें।
6. हिमालय से निकलने वाली नदियों पर एक कविता लिखें।
7. अवकाश के दौरान किन्ही दस दिनों के हिंदी समाचार लिखें।(अंतरराष्ट्रीय, राष्ट्रीय, स्थानीय, खेल-जगत प्रत्येक पाँच समाचार)।
8. 'बोलती दीवारें' कार्यक्रम के अंतर्गत अपने कक्षा-कक्ष में प्रदर्शन हेतु एक हिंदी रचना तैयार करें।
9. ग्रीष्मकालीन अवकाश के महत्व को बताते हुए अपने मित्र को एक पत्र लिखें।
10. महाभारत देखें तथा वर्तमान में इसके महत्व को समझें।
11. वसंत-II पाठ 1-5 वबाल महाभारत पाठ 1, 2 याद करें।
12. अनुच्छेद-लेखन स्वच्छता का महत्व, विद्यार्थी और अनुशासन, विद्यार्थी जीवन में नैतिक शिक्षा का महत्व, समय का महत्व, हिंदी भाषा काम हत्ववउपयोगिता, मैं और मेरा परिवार।

### MATHS

1. Draw the mind mapping for the following chapters:
  - (a) Integers.
  - (b) Fractions.
  - (c) Decimals.
  - (d) Basic geometrical ideas.
  - (e) Understanding elementary shapes.
2. Prepare neat and clean biography of the following:
  - (a) 5 Indian Mathematicians highlighting their contribution in the field of mathematics.
  - (b) The biography has to be prepared in a scrap book.
3. Collect the marks of any two cadets of class VII in periodic test for all subjects. Now represent the data/information collected with the help of double bar graph. The given activity has to be done on the graph notebook with proper scale.

4. Do all subjective type questions from the chapter Integers of the following exercises from reference book R.D Sharma:

- (a) Exercise 1.2 on page number 1.8
- (b) Exercise 1.3 on page number 1.9
- (c) Exercise 1.4 on page number 1.12

5. Do all subjective type questions from the chapter Fraction and Decimal of the following exercises from reference book R.D Sharma:

- (a) Exercise 2.2 on page number 2.19
- (b) Exercises 2.3 on page number 2.24
- (c) Exercise 3.3 on page number 3.16

### **SCIENCE**

1. Take different colored papers. Cut them into various shapes resembling with that of the human digestive organs such that one color represents one organ. Paste them into your copy making the complete human digestive system. Label various organs.
2. Prepare a card for your mother using turmeric paste on the sheet of paper. Draw on it with the help of a soap solution to know whether turmeric is an indicator or not.
3. Balanced diet is a must for us and we should stick to healthy food, so during vacations make a diet plan for a week on A4 size sheet.
4. You must have noticed red, green, blue dustbins in your surroundings. Find out the difference between them and write about it.
5. Write 20 amazing facts on plants and animals

### **SOCIAL SCIENCE**

1. Visit a historical place in your nearby area or state and prepare a report on its history and importance.
2. Learn chapter number 1 to 5 of Geography.
3. Learn chapter 1 of social and political life (civics).
4. Make a model from best out of waste material from the Geography topic assigned by the teacher in the class and prepare a presentation on that topic.
5. During the vacation plant a tree at your home or in your surrounding area to save the environment. Take care of this plant during these vacations.

### **ART & CRAFT**

1. Make a Model of Naval Ship.
2. Purchase a Diya/Pot and decorate it.

## FIT

1. Prepare a Power Point presentation (PPT) about an historical place near your home town and a full description of that place and write/burn/ the presentation in a CD and submit to Subject Teacher.

## SANSKRIT

1. 1-100 गिनती लिखी में याद करें।
2. वर्ण-विचार तालिका बनाइए।
3. पूर्णवाचक शब्दाः लिखें।
4. नदी, पितृरूप लिखे में याद करें।
5. पा, दृश्य धातु लिखे में याद करें।
6. पाठ 1-7 शब्दार्थ याद करें।
7. पाठ 1-4 अनुवाद व अभ्यास याद करें।
8. कोई 10 संस्कृत श्लोक लिखे व याद करें।
9. उच्चारण अभ्यास करें।